

Horrid Homework Teatime Tuesday



Today we're going to make some long lasting treats, so we're going to roll up our sleeves (ahem, not you Goldilocks) and we're going to make some salt dough, so you'll need a grown up to help you.



If you haven't got a grown up to hand, then don't worry, maybe you've got some playdough or plasticine, or maybe you fancy drawing a few more fanciful foodie treats.

Salt dough is easy to make; here's what you'll need

1 cup of plain flour (250g)
Half cup of table salt (125g)
Half cup of water (125ml)

Here's what you need to ask your grown up to help you with:

- ✱ Set the oven on the lowest heat and line a baking sheet with baking parchment
- ✱ Mix the flour and salt in a large bowl.
- ✱ Add the water and stir until it comes together into a ball.
- ✱ Put the dough on to a board or work surface with a bit of flour and squish away!
- ✱ Then you can start to make the shape of your cupcake, cookie or ice cream.
- ✱ Put your creations on the baking sheet and ask your grown up to put it in the oven for 3 hours.
- ✱ When it's ready, they will need to take the shapes out and then leave them to cool off.

And if it's a hot day then you'll probably want to cool off a bit too, so go and have a rest and put your feet up. I know I'm going to.

